

PG Department of Psychology & Research Centre

Outcomes

• **PROGRAMME OUTCOMES B.A. :-**

After successful completion of B.A. Psychology Programme students will be able to achieve :-

- PO1: Theory and Content of Psychology: Identify the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- PO2: Research Methods in Psychology: To acquaint with basic research methods in psychology, including research design, data analysis, and interpretation.
- PO3: Applications of Psychology: In personal, social, and organizational issues.
- PO4: Critical Thinking Skills in Psychology: Enhancement critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behaviour and mental processes.
- PO5: Communication Skills: Communicate effectively in a variety of formats
- PO6: Values in Psychology: Weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline.
- PO7: Information, communication & Technological Literacy: Demonstrate information competence and the ability to use computers and other technology for many purposes.
- PO8: Socio-cultural and International Awareness: recognize, understand, and respect the complexity of socio-cultural and international diversity.
- PO9: Personal Development: develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.
- PO10: Career Planning and Development: With realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits in a variety of settings.

• **PROGRAM SPECIFIC OUTCOMES BA -**

- Pso.1. Enhancement to the stress management's skills.
- Pso.2 Enhancement to coping skill with different problems in life.
- Pso.3. Enabling to measure attitude, aptitude, Interest, adjustments skills .etc. within the people.
- Pso.4. Introduction to counseling proses and techniques.
- Pso.5 .Illustration of mental disorder and treatment.

- **COURSE OUTCOMES BA :-**

CLASS -F.Y.B.A. PSYCHOLOGY**Subject - Foundations of Psychology**

- Co.1. To acquaint with basic psychological processes and their applications in day to day life.
- Co2. To develop the ability to evaluate cognitive processes, learning and memory of an individual.
- Co.3. To acquire the importance of motivation and emotion of the individual.
- Co4. To acquaint with personality and intelligence of individuals by developing their psychological processes and abstract potentials.

Subject - Introduction to Social Psychology

- Co.1. To interpret the basics of social psychology.
- Co.2. To know the nature of self, concept of attitude and prejudice of the individual.
- Co3. To assess the interactional processes, love and aggression in our day today life. .
- Co.4. To acquaint group dynamics and individual in the social world.

- **CLASS -S.Y.B.A. PSYCHOLOGY**

Subject -S-1 Abnormal psychology

- Co1. To acquaint students with the recent classification of abnormality.
- Co2. To help students to acquire the knowledge about the causes, symptoms and treatments of various types of psychological disorders.

Subject -S-2 Developmental Psychology

- Co1. To acquaint the students with the basic concepts of human development processes.
- Co2. To help students to understand influences of various factors on development.

Subject -G-2 Social Psychology

- Co1. To acquaint Students with basic concepts, theories and applications of Social psychology
- CoCo2.To familiarize students with group behaviour
- Co3. To know the importance of Close Relationships and Pro- social behavior.

- **PROGRAM OUTCOMES B.Sc.:-**

After successfully completion B.Sc. Psychology Programme students will be able to achieve :-

- PO1: Theory and Content of Psychology: Identify the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- PO2: Research Methods in Psychology: To acquaint basic research methods in psychology, including research design, data analysis, and interpretation.
- PO3: Applications of Psychology: In personal, social, and organizational issues.

- PO4: Critical Thinking Skills in Psychology: Enhancement critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behaviour and mental processes.
- PO5: Communication Skills: Communicate effectively in a variety of formats
- PO6: Values in Psychology: Weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline.
- PO7: Information Communication & Technological Literacy: Demonstrate information competence and the ability to use computers and other technology for many purposes.
- PO8: Socio-cultural and International Awareness: recognize, understand, and respect the complexity of socio-cultural and international diversity.
- PO9: Personal Development: develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.
- PO10: Career Planning and Development: With realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits in a variety of settings.

- **PROGRAM SPECIFIC OUTCOMES B.SC.–**

- Pso.1. Enhancement to the stress management's skills.
- Pso.2. Enhancement to coping skill with different problems in life.
- Pso.3. Enabling to measure attitude, aptitude, Pinterest, adjustments skills .etc. within the people. Pso.4. Introduction to counseling proses and techniques.
- Pso.5 . Illustration of mental disorder and treatment.

- **CLASS -F.Y.B.SC. PSYCHOLOGY**

Semester I

Subject -PSY-111 Foundations of Psychology

- Co1. To acquaint with the basic psychological processes and their applications in day to day life.
- Co2. To develop the ability to evaluate cognitive processes, learning and memory of an individual.
- Co3. To acquaint with the importance of motivation and emotion of the individual.
- Co4. To acquaint with the personality and intelligence of the individual.

Subject -PSY-112 Experimental Psychology

- Co1. To know the basic concepts of Experimental Psychology.
- Co2. To acquaint the different methods of psychophysics, learning, and reaction time.
- Co3. To acquaint with psychological tests related to intelligence , aptitude and personality.

Subject -PSY-113 Psychology Practical: Experiments

- Co1. To acquaint the students the basic concepts of Experiments in Psychology.
- Co2. To acquaint the students with how to conduct the experiments and to understand its practical applications and to introduce the students about basic knowledge of elementary statistics.
- Co3. To explore human, behavioral and mental processes through experiments.

Semester II

Subject -PSY- 121: Introduction to Social Psychology

- Co1. To know the basics of social psychology.
- Co2 To acquire concepts such as the nature of self, concept of attitude and prejudice of the individual.
- Co3 To assess the interactional processes, love and aggression in our day today life. .
- Co4. To understand group dynamics and individual in the social world.

Subject -PSY- 122: Psychological Testing

- Co 1. To introduce the basics of psychological testing.
- Co 2. To assess the human abilities.
- Co3. To introduce and evaluate behaviour analysis.

Subject -PSY- 123: Psychology Practical: Tests

- Co1. To acquaint the students with the basic concepts of Tests in Psychology.
- Co2. To acquaint the students with how to administer the tests and to understand its practical applications.
- Co3. To introduce the students about basic knowledge of elementary statistics.
- Co4. To acquaint and evaluate human abilities through psychological testing.

Class -S.Y.B.SC. PSYCHOLOGY

COURSE OUTCOMES:-

Semester-I

Subject -Paper –I: Psychology of Adjustment

- Co 1 To know the range of psychological experiences associated with certain life events and transitions;
- Co2. To know theoretical perspectives on stress, coping and adaption, trauma and recovery;
- Co3. To critically discuss individual, community and cultural difference and the challenges this may pose for psychological theory and practice; and
- Co4. To carry out critical evaluation of specific aspects of human experience and psychological theory.

Subject -Paper –II: Experimental Psychology

- Co1. To know the basic concepts of Experimental Psychology.
- Co2. To acquaint the different methods of psychophysics, learning, and reaction time.
- Co3. To acquaint with psychological tests related to intelligence , aptitude and personality.

SEM.II

Subject-Paper: I: Health Psychology

- Co1. To know the bio psychosocial model of health and other specific but related psychological theories.
- Co2. To develop an understanding of basic human biology such as the functioning of the endocrine, immune and nervous systems.
- Co3. To know how a person's health can be affected by their behaviour, given certain social factors, environments, and biological factors.
- Co4. To analyze the effects of stress on a person's health and the role played by stress-buffering factors.
- Co5. To know how stress, affective distress (e.g. anxiety, depression), and other psychological and physical symptoms are assessed, and the potential problems with this measurement.
- Co6. To know the effects of health status and changes in health on a person's emotions, thinking, and behaviour.
- Co7. To recognize the factors that underpin positive and negative changes in health-related behaviour, and the promotion of healthy behavior.
- Co8. To identify and describe the content, principles, and methods of past and current health psychology research.
- Co9. Identify the research methods used to conduct health psychology studies, and the ethical issues that pertain to this research.

Subject -Paper III: Psychological Practical: Experiments And Tests.

- Co1. To acquaint students about the basic concepts of experiments and tests in psychology.
- Co2. To acquaint the students about how to administer the tests and experiments.
- Co3. To acquaint students about its practical applications.

- **Class -T.Y.B.SC PSYCHOLOGY SEM - IV**

COURSE OUTCOMES:-

Subject -Psychology of Communication

- Co1) To acquaint the students with the significance and importance of communication process.
- Co2) To acquaint the students with the importance of communication skills and technology.
- Co3) To develop awareness of verbal and nonverbal communication.

Subject -Cognitive Psychology

- Co1) To acquaint the students the understanding of major concepts, theoretical perspectives and the fields of cognitive psychology.
- Co2) To enable students to gain an understanding about the processes involved in sensation, attention and perception.
- Co3) To create awareness about the learning, memory, problem solving and the memory improvement techniques.

Subject -Statistical Methods

- Co1) To acquaint the students and to make them understand the basic elementary statistical techniques.
- Co2) To develop computational skills in students.
- Co3) To enable students to make use, analyze and interpret the data.

Subject -Psychopathology

- Co1) To develop awareness about Major Psychological Disorders.
- Co2) To acquaint the students with causes of major psychological disorders.
- Co3) To familiarize the students about different therapeutic techniques used in the management of major psychological disorders.

Subject -Applied Psychology

- Co1) To acquaint students with various applications of psychology.
- Co2) To familiarize students with problems and solutions in various applied fields.
- Co3) To apprise students about the role of psychologists in various applied fields.

Subject -Organizational Behaviour

- Co1. To encourage the students to understand the behaviour of individuals in the organizational context.
- Co2. To facilitate students to develop skills, techniques to achieve efficiency in organization and implications of various theories related to the development of efficiency
- Co3. To enable the students to understand the organizational processes and its linkages with the social context.

SEM - IV

Subject -Understanding Counseling Process

- Co1. To familiarize students with the nature and process of counseling.
- Co2. To expose students various types of strategies and interventions.
- Co3. To acquaint students with various assessment techniques.

Subject -Human Resource Management

- Co1. To acquaint the knowledge about the basic techniques used in human resource planning.
- Co2. To develop awareness about human resource processes and development.
- Co3. To enable students to develop knowledge and skills required in human resource management.

Subject -Consumer Psychology

- Co1) To acquaint students with various applications of consumer psychology.
- Co2) To familiarize students with problems and solutions of consumer psychology.
- Co3) To apprise students about the role of consumer psychology.

Subject -Counseling Skills

- Co1. To acquaint students with the various counseling skills.
- Co2. To familiarize students to use of counseling skill in counseling situation.
- Co3. To apply counseling skills in various situations.

Subject -Positive Psychology

- Co1. To acquaint students with the importance and significance of positive psychology as newly emerging branch of psychology.
- Co2. To enable students to gain an understanding about the development of well-being and happiness.
- Co3. To acquaint students with the role of positive traits and virtues in happiness.

Subject -Forensic Psychology

- Co1. To familiarize students with basic theoretical and professional aspects of forensic psychology.
- Co2. To acquaint students with the practical use of forensic psychology for investigation.
- Co3. To acquaint students with the professional, legal and ethical issues in forensic psychology.

Subject -Psychological Practical: Tests And Experiments (Annual)

- Co1) To acquaint students about the basic concepts of experiments and tests in psychology.
- Co2) To acquaint the students about how to administer the tests and experiments.
- Co3) To acquaint students about its practical applications.

Subject -Field Work and Practicum (Case Studies)

- Co1. To explore practical aspects of clinical psychology, Industrial Psychology.
- Co2. To provide the students with a unique opportunity of obtaining a professional qualification in Psychology focusing on the advanced Skills.
- Co3. To able to understand basic concepts of Psychology and to analyze behaviour in practice.
- Co4. To explore the Psychological way of thinking.
- Co5. To create interest in the subject matter of psychology.
- Co6. To develop scientific experimental and research attitudes in the students.
- Co7. To facilitate comprehension of the theoretical concepts through research work

• PROGRAM OUTCOMES MA :-

After successful completion of two year post degree program in Psychology a student should be able archive for :-

- PO.1. To pursue/progress in higher education.
- PO.2. To obtain the students with a unique opportunity of obtaining a professional qualification in Psychology focusing on the advanced Skills which can be practices.
- PO.3. To acquire psychological thinking skills
- PO.4. To develop comprehensive understanding of interdisciplinary issues and aspects of society.
- PO.4. To conduct Scientific research in Psychology & developing clinical, counseling perspectives.

PROGRAM SPECIFIC OUTCOMES MA :-

After successful completion of two year post degree program in Psychology a student should be able to Programmed Outcomes

- Pso1. To explore more prospects in higher education.
- Pso2. To provide the students with a unique opportunity of obtaining a professional qualification in Psychology focusing on the advanced Skills.
- Pso3. To able to understand recent trends of Psychology and to analyze behaviour in practice.
- Pso4. To acquaint students with the Psychological way of thinking.
- Pso5. To develop the ability to write clearly research Project reports.
- Pso6. To develop comprehensive understanding of interdisciplinary issues and aspects of society.
- Pso7. To engage in scientific research in various branches of Psychology.

Class -M.A. – I: PSYCHOLOGY

SEMESTER-I

Subject -EP-101: Cognitive Psychology: Understanding

- Co1. To familiarize the origin of cognitive psychology
- Co2. To explore the knowledge of cognitive psychology
- Co3. To make students aware with the recent trends in cognitive psychology

Co4. To help students in relating subject matter of cognitive psychology to daily life

Subject -EP-102: Psychometrics: The Science Of Psychological Assessment

Co1. To create critical understanding of measurement issues and techniques in psychological inquiry.

Co2. To enable students to develop skills and competencies in test construction and standardization.

Co3. To familiarize the various biases in psychological testing and assessment.

Subject -EP-103: Research Methodology-I (Issues and Essential Techniques in Statistics and Experimental Design)

Co1. To inform students about the basics of scientific research in applied psychology.

Co2. To make them learn the statistical applications in designing research and processing data.

Subject -EP-104: Psychology Practical: Testing

Co1. To administer of the standardized psychological tests, rapport establishment, interpretation of scores and report writing.

Co2. To know criteria of evaluating psychological tests

Co3. To acquire certain counseling skills on the basis of psychological results.

Subject -EP-201: Cognitive Psychology: Advances And Application

Co1. To know the advances in cognitive psychology

Co2. To study the application of cognitive psychology in different fields

Subject -EP-202: Psychometrics: Applications

Co1. To know how psychological tests are used for the purpose of assessment, guidance and enhancing the effectiveness of teaching-learning process.

Co2. To familiarize the use and interpretation of various psychological tests used in educational field.

Co3. To the use of psychological tests are used for better health, adjustment and related counselling.

Co4. To acquaint the use of psychological tests in clinical and organizational settings

Subject -EP-203: Research Methodology - II (Qualitative Methods and Multivariate Analysis)

Co1. To learn about the philosophical foundations, goals and scope of qualitative methodology.

Co2. To develop an understanding about the relationship between paradigms of science and methods of qualitative inquiry.

Co3. To acquaint basic procedures of using qualitative methodology.

Co4. To learn about Scientific perspective in the use of qualitative methodology.

Co5. To make them learn the statistical methods in multivariate analysis.

Subject -EP-204: Psychology Practical: Experiments

Co1. To acquire skills required in conducting experiments in psychology

Co2. To apply experimental designs and to know report writing style

Co3. To know practical application of experimentation in psychology

SEMESTER III

Subject -EP 301: Personality

Co1. To provide the students with a comprehensive, rigorous and systematic treatment of centrally important theories of personality.

Co2. To allow the students to observe and interpret individual differences in behaviour in the light of sound theoretical systems of personality.

Co3. To acquaint the students with the applications of personality theories indifferent walks of life.

Subject -EP 310: Psychopathology-I

Co1 To acquaint students with the latest DSM-5 classification system of Mental Disorders

Co2. To know about Various paradigms of Psychopathology

Co3. To comprehend symptoms and prognosis of different Mental Disorders

Subject -EP 311: Psychodiagnostics: Procedure And Techniques

Co1. To acquaint with various Psychodiagnostic procedures & techniques

Co2. To apply various Psychodiagnostic tools to be used & skills to be acquired

Subject -EP 312: Project

Co1. To acquire basic skills and understand basic concept of Research methodology.

Co2. To know how to make small research project.

Co3. To learn making group report/project.

Co4. To able to understand theory of research.

SEMESTER IV

Subject -EP 401: Motivation and Emotion

- Co1. To provide comprehensive overview of the major theories of motivation and emotion
- Co2. To create awareness about the role of biological factors in motivation and emotion.
- Co3. To emphasize the importance of positive and negative emotions in human life.

Subject -EP 410: Psychopathology-II

- Co1. Latest DSM-5 classification system of Mental Disorders
- Co2. Various paradigms of Psychopathology
- Co3. The symptoms and prognosis of different Mental Disorders

Subject -EP 411: Psychotherapies

- Co1. To learn Various Psychotherapies and its basic procedure
- Co2 To learn and analyze Effectiveness of specific psychotherapy in solution of particular problem
- Co3 To learn the application of psychotehruptic interventions.

EP 422: Practicum

- Co1. The ability to analyze Symptoms and able to diagnose.
- Co2. Students will be able to effectively judge about psychological illnesses.
- Co3. To expose students with alternative approaches to Psychological problems through exposure to coursework in allied fields.
- Co4. To identify upcoming psychological hazards.
- Co5. To suggest remedy for the various psychological abnormal behaviour.
- Co6. To prepare the students for scientific Psychological Testing.
- Co7. To prepare the students for scientific Counseling.
- Co8. To prepare the students for Proper Prognosis.

- **Course -Diploma in Industrial Psychology**

PROGRAM OUTCOMES- Course -Diploma in Industrial Psychology

- PO1.: Identifying training and development needs.
- PO2.: Optimization of quality of work-life.
- PO3: Setting performance evaluation criteria for individuals, teams and organizations.
- PO4.: Assessment of consumer preferences and satisfaction as well as marketing strategies.
- PO5: To know how to make small research project in industrial area.

PROGRAM SPECIFIC OUTCOMES:-Diploma in Industrial Psychology:-

- Pso1. To examines people in the workplace and all the factors that affect how people behave at work.
- Pso2. To increase the understanding of the complicated systems of individual and group psychological processes involved in the world of work.
- Pso3. To connect the basic principles of psychology to personnel and human resources management within the organization.

COURSE OUTCOMES:- Diploma in Industrial Psychology:-

Subject- Paper - 1: Personnel Psychology

- Co1. The problems of personnel management and HR
- Co2. Psychological factors involved in personnel managements.

Subject-Paper --II - Organizational Behaviour

- Co1. Theoretical formulations of the concept of organization.
- Co2. Behaviour processes in organization.

Subject-Paper-III: Consumer Psychology

- Co1. Role of psychology in marketing management.
- Co2. Consumer behaviour.

Subject-Paper-IV - Organization Development

- Co1. To acquaint the students with the organizational development technique.
- Co2. To acquaint the students with the alternative approaches to organizational development.

Subject- Paper V: project

- Co1. Students will be able to observe individual/ group behaviour in proper way.
- Co1. To acquire basic skills and understand basic concept of Research methodology.
- Co2. To know how to conduct research project.
- Co3. To learn making group report/project.
- Co4. To able to understand theory of research.

Course – Certificate Course in Soft Skill Development

PROGRAM OUTCOMES

- PO1: To enhance communication, problem solving skills, personality and overall skills of the life.
- PO2: To enable and enhance personal development, participation in learning and success in employment.
- PO3.: To develop and nurture the soft skills of the students through individual and group activities.

PROGRAM SPECIFIC OUTCOMES COURSE IN SOFT SKILL DEVELOPMENT

- Pso.1. To encourage the all-round development of students by focusing on soft skills.
- Pso.2 .To make the students aware about the importance, the role and the content of soft skills through instruction, knowledge acquisition, demonstration, and practice.
- Pso.3. To develop and nurture the soft skills of the students through individual and group activities.
- Pso.4. To expose students to right attitudinal aspects and to build the same through activities.

Subject- Paper I-Personality Development

- Co1. To develop personality of the students and to get better insight into one's responsibility and personal style.

Subject- Paper II-Communication Skills

- Co1. To develop clarity of presentation, both speech and writing and to develop effective communication skills.

Subject- Paper III-Social Etiquettes and other Life Skills

- Co1. To develop effective social behavior and to demonstrate good manners and etiquettes. To develop cautious attitude towards life skills.

Subject - Paper IV-Practical (Project work)

- Co1. To make students apply the knowledge practically .

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