

*Resume of Prof. Dr. Mrs. Mrunal .Bhardwaj,
LokneteVyankatraoHiray Arts, Science and Commerce College
Panchavati, Nasik*



- Dr Full Name** : **Prof. Dr. Mrs. Bhardwaj MrunalAshwini Kumar**
- Designation**
- : **Professor and Head**
PG Dept of Psychology & Research Centre
 - : **Coordinator , IQAC MGV (Since 2003)**
 - : **Member Faculty Humanities, Savitribai Phule Pune University**
 - : **Member, Faculty, Humanities, Savitribai Phule Pune University**
 - : **Member BOS Psychology BAMU, Aurangabad.**
 - : **Member Uniform Workload Committee HE**
Government of Maharashtra
 - : **Former Member, Interdisciplinary Board of Skill Development, SPPU, Pune**
 - : **Former Member, Senate, Savitribai Phule Pune University.**
 - : **Member of Advisory Committee, University of Pune**
 - : **Member, Nasik sub Center Member of Unassigned Grant Allocation, planning & Development, University of Pune.**
 - : **Expert Member, Humanities and Social Sciences on the School council of YashwantraoChavan Maharashtra Open University, Nasik (Maharashtra)**
 - : **Appointed as an Expert for Developing a course in the Department of continuing Education in YCMOU, Nashik**
- Date of Birth** : 11th March, 1971
- Teaching Experience** : 27 yrs

Research publications in journals of repute : 46

Academic Qualifications

Sr. No.	Degree	University	Year of Passing	Grade/Class
1	B. A.	Bombay	1991	I
2	M. A.	Poona	1993	I st Class with Dist [Rank holder]
3	SET		1996	
4	Ph. D.	North Maharashtra University, Jalgaon	2005	Awarded
5	MBA - HR	TMU,Pune	2010	I st Class

Research contributions

- Ph.D. and M.Phil guide of SavitribaiPhule Pune University, Pune, North Maharashtra university, Jalgaon and YCMOU, Nasik
- 14 students have been awarded M. Phil
- 04 students awarded Ph.D.&06 students are pursuing Ph.D.

Copyright and Trademark

Constructed a Psychological test and received the International copyright and the trademark under class 42 for scientific and technical services country code 1 and Indian ISBN country code 81 for developing the Psychological tool “Shopping Addiction Scale (SAS)

Administrative experience

As a vice principal and Head of the Department for 12 yrs. Was NAAC & IQAC coordinator of the college for 10 yrs. Worked in Exam Committee in various capacities such as chairman, paper setter, moderator & examiner since 1995 at college and university level. Worked in various committees such as, Local Inquiry Committee syllabus construction and modification, preparation of question bank of University of Pune, Y.C.M.O.U., Nasik and North Maharashtra University, Jalgaon (Maharashtra).Dr. M. A. Bhardwaj appointed as the editor of the National reputed journal of psychology in India published by the National institute of psychology.

Participation in Institutional / College Activities

- **Co-coordinator**, M.G. Vidyamandir's NAAC Committee.
- **Member**, Grievances committee of M.G.Vidyamandir.
- **Member**, Ant ragging committee of K.B.H Dental College and Institute of management and Research, Nasik
- Worked in Examination Committee in various capacities.
- **Member**, Board of College development of M.G. Vidyamandir, Nasik.
- **Coordinator**, soft skill development programme since 2007.
- **Coordinator**, M. Phil of Y.C.M.O.U Nasik in the year 2006-07.
- **Project Coordinator**, for IAAC (Internal Assessment and Accreditation Council) by M. G. VidyaMandir, Malegaon Camp.
- **Member**, NSS Committee in the year 2004-05.
- **Coordinator**, IQAC (Internal Quality Assessment Council).
- Worked in various committees such as subject confirmation, admission, Student council and other. Worked as Resource Person in various Workshops/Seminars/Conferences.
- Worked on various level CAS committees of SPPU.
- Delivered Lectures on various topics like Stress Management, Communication Skills, Time Management, Personality Development, Working as a coordinator for the soft skill development programme.

Membership

- **Life member**, Indian Academy of Applied Psychology India.
- **Life member**, of Indian Association of Mental Health, Karnataka University, Dharwad (India).

Papers presented at Conferences and seminars

International	11
National	45
State	37
Local	49

Major / Minor projects undertaken / completed

Project	Funding Agency	Principal Investigator
Mental health and depression among college students (Minor project)	UGC New Delhi, 2010	Dr M.A Bhardwaj
Choice of military career socio psychological factors.(major project)	UGC New Delhi 1997 submitted	Dr M. A. Bhardwaj

Books published - 03

- Adolescence and Family Environment- A Psychological Review, Brain Tonic Publication House, Nashik (ISBN-978-81-923650-4-6)
- Personality and Athletes- an Analytical study, Brain Tonic Publication House, Nashik (ISBN-978-81-923650-3
- Mental health and Depression crises among college student, Print-web Publication, Nasik (ISBN978-81-928429-2-9)

Other distinctions/extension work

- Founder member of “Sushant Vaidya Research Foundation for psychology and education”
- Counseling and guidance, training and development

Awards

- Received a prestigious karmayogiGouravpuraskar given by Sakal Group and Tanshika Doctors Forum for the psychosocial contribution. Received the award by the hands of Hon'ble chief editor Sakal ,Shri Shrimant Mane, Mrs Mane, Dr Pathak and other dignitaries Prin P V Rasal, Shri Munshettivar.
- Received the state level award as the Best teacher by Smitharsh Education Academy for the contribution in Academics and Research.

- She has also received the prestigious Auropath Global award ,Sri Aurobindo Society ,Pondechery for the excellence in Research under the category of HE professor .

Other publications

- Author of various articles in “BRAIN TONIC” Marathi-English monthly bi-lingual.

Participation in NAAC Related Workshops/Seminars

- Organized a seminar on new framework of NAAC under the IQAC of college.
- Participated in the workshops on old framework of NAAC in Pune by CEDA.
- Organised the national conference as a convener on NAAC- Best practices in Higher Education Sponsored by SPPU.

Participation in Seminars/Workshops & Conferences

- Organized the National conference as a convener on NAAC- Best practices in Higher Education Sponsored by SPPU.
- Delivered a lecture as a resource person at BAMU, Aurangabad for the Refresher course Sponsored by UGC.
- Delivered a lecture as a resource person in person at L.V.H. College Panchavati, Nashik for the faculty development program.
- Delivered a lecture as a resource for the Refresher course sponsored by UGC.
- Delivered a guest lecture on Stress Management organized by the Staff Academy of BRD women's college.
- Appointed on the executive body of Central School, Armed forced, Govt of India, Deolali Camp.
- Invited at NBA as a chief guest for the teachers' felicitation function, it was such a wonderful experience with dedicated special educators.
- Delivered a lecture as a resource with PhD course work Scholars at LVH college on social accountability and Research Ethics
- Organized the IQAC workshop by the MGVI IQAC on the follow up of NAAC preparation.

- ❖ Attended the National Webinar (online address by Hon'ble HRD minister Shri Pohnkriyal Organized by NAAC , Bangalore on Turn challenges into Opportunities- Covid19 on 28.5.2020.
- ❖ Participated in the National Webinar on ' Exams from Home and Evaluation form Home' organized by Dr Babasaheb Ambedkar College , Aurangabad on 28.5.2020
- ❖ **Participated as an expert in the state level webinar on cyber addition on FB live session on 23.5.2020.**
- ❖ Participated and completed the course on Full bright Fellowship offered by UNISEF organised by APTI on 23.5.2020.
- ❖ Completed the one credit course on new treatment strategies for mood disorders by American Psychiatric Association on 26.5.2020.
- ❖ Participated in the National Webinar on CAS promotion & Issues organised by DMM college Kalamb on 20.5.2020.
- ❖ Completed one credit course from American psychiatric Association on Early prevention on Psychosis on 19.5.2020
- ❖ Completed the one credit course on pain , Depression PTSD by American psychiatric Association (APA) on 16.5.2020.
- ❖ Participated in online work shop Organised by Wilson college Mumbai on persons with disabilities – inclusion and employability on 15th& 16th May 2020.
- ❖ Participated in the National Webinar on NAAC – data documentation and presentation Organised by VIT, Mumbai on 16.5.2020.
- ❖ **Participated in the meeting of Faculty (Humanities) on 16.5.2020 and BOS Psychology on 9.5.2020 regarding the main focus on syllabus restructuring of SYBA,SYBSc and MA II.**
- ❖ **Contributed as a chairman in syllabus revision committee of SPPU of SYBSc. The revised syllabus is submitted for further process.**
- ❖ Participated in the National webinar organised by NAAC , Bangalore,on Assessment and Accreditation process. The eminent speakers were Dr Ganesh Hegde,Dr Amiya Kumar Rath, DrLeena on 13.5.2020.
- ❖ **Contributed as an expert and resource person at the state level online workshop on sports Psychology organised by the state sports organization and SP Pune University conducted during 6.5.2020 to 10.5.2020.**

- ❖ The students of the PG department of Psychology participated in the state video making competition under the guidance of DrMrunal Bhardwaj on the occasion of International Psychology day by Day Rayat Shikshan Santhas's K B Patil college, New Mumbai (Vashi) on 5.5. 2020. They received the certificates of appreciation.
- ❖ Participated in the National webinar on unlock the body and mind organised by Valia college, Mumbai on 5.5.2020.
- ❖ **Participated in the International FDP on Innovation, IPR and Entrepreneurship Organized by Pillai college, Rasayni Mumbai during 4.5.2020 to 10.5.2020.**
- ❖ Participated in the two-day webinar Organised by Elphiston College, Mumbai on Research design- Theory to practice on 29&30th April 2020.
- ❖ Completed the online course on Intellectual property Strategy by Udemy on 27.4.2020.
- ❖ Participated in a National Webinar on role of Statistics in social Science Research organised by Dawangiri University, Karnataka during 20.4.2020 to 23.4.2020.
- ❖ Completed the course of 54 hours as a certified practitioner on Cognitive Behaviour Therapy (CBT) by Udemy on 22.4. 2020.
- ❖ Completed the course of 1 credit on mood disorders from American Psychiatric Association (APA) 21.4.2020.
- ❖ Participated in a Covid 19 awareness program by BN Bandorkar College, Thane, Mumbai on 21.4.2020.
- ❖ Participated in the National Webinar (16 hrs) on New RAF by NAAC organized by IQACcluster during 14th to 17th April 2020.
- ❖ Written articles on Corona anxiety , phobia , counselling and support in various news papers(9.4 2020, 13.4.2020, 19.4.2020 & 23.4.2020)
- ❖ **Participated as a speaker at the international seminar in cyber parenting web series on 10th April 2020.**
- ❖ Completed the course of one credit related to Mental Health and Covid 19 from American Psychiatric Association (APA) 9.4.2020.
- ❖ **E-Content development:**
 1. **Developed Two online psychological tests viz. Corona phobia & Corona anxiety.**
 2. **E modules on various psychological topics , Corona phobia and Application of REBT in Corona , posted on psychoinnovation, an owned you tube channel .**
(<https://www.youtube.com/watch?v=zMvEf2jJp2Q>)

3. On Google classroom, many e modules were posted for the students. Case study reports and Power point presentations of PG students were assessed.
 4. Developed cognitive and research method e modules for PG students .
 5. Many e books were made available for students from various e resources.
 6. Question bank preparation and with objective type questions as well as question papers for UG & PG classes.
 7. **Providing free psychological counseling through SVR foundation (NGO) and helped police personnel of Maharashtra police Academy.**
 8. **Received the certificate of Appreciation for the participation for submitting an innovative idea in Zero Investment Initiatives for Education Initiatives.**
 - Constructed online test on Covid-19 Distress Scale.
 - Completed the course of 1 credit on mood disorders from American Psychiatric Association (APA).
 - Completed the course of one credit related to Mental Health and Covid 19 from American Psychiatric Association (APA)
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- Contributed by actively participating at the International conference on Development Discourse at Hyderabad.
 - Delivered a lecture as a resource person at the National level Symposium on Psychological Dimensions for Youth at the Mumbai University organized by the Department of Applied Psychology, Kalina Campus, December, 2018
 - Invited as a Chief Guest and Speaker for the Inaugural function of NirbhayKanyaAbhiyan organized by Student Development Cell and SPPU at V N Naik College, Dindori, Nashik, January, 2019.
 - Invited as a Chief Guest for Inaugural function of seven days workshop on Soft Skills and Personality Development at K J Somayya College, Kopargaon, January, 2019.

- Participated as a Resource at the National level Conference on Opportunities & Challenges in the Accreditation Process under QIP sponsored by SPPU organized by MGV's Institute of Management & Research, Panchavati, Nashik, 9th -10th Feb, 2019.
- Conducted a session at Refresher course at LVH College, Panchavati, Nashik on Emotional Intelligence applied in teaching learning process – an innovative approach, October 2018.
- Conducted a seminar on Exam Stress Management at Public School, Nagar, February, 2019.
- Successfully organized the National Conference on Current Trends in Sports Psychology for enhancing sports performance as a Convener of the Conference sponsored by SPPU organized by L.V.H. College, Nashik, February, 2018.
- Participated as a Resource at the State level seminar on Role of Psychology in Sports sponsored by SPPU organized by Arts and Commerce College Satpur, Nashik, January, 2018.
- Participated and presented the research paper entitled, "Peace education & enhancement of emotional Intelligence and Aggression management among college students at the 19th World Congress of IAERP (UN-NGO) International Conference on Peace Education for Good Governance and Non-violence organized by HPT & RYK and SMRK-BK-AK Mahila Mahavidyalaya, Nashik, 24-26 October 2016
- Delivered a lecture as a resource person at Arts, Science and Commerce College, Harsul, Nashik for the State level Conference Sponsored by BCUD, January 2016.
- Delivered a lecture as a resource person at National Conference at K.T.H.M. College, Nashik, sponsored by BCUD January 2016.
- Delivered a lecture as a resource person at Late B.R.D. Mahila College, Nashik Road for State level seminar February 2016.
- Delivered a lecture as a resource person at State Level Seminar at Late B. R. D. Mahila College, Nashik Road Sponsored by BCUD February 2016.
- Delivered a lecture as a resource person at National level seminar at Late B.R.D. Mahila College, Nashik road March 2016.
- Delivered a lecture as a resource person at UGC Sponsored State Level FDP Program at LVH College, Nashik, October 2015.
- Delivered a lecture as a resource person at National level Conference at KGDM College, Niphad, Nashik September 2015.

- Participated and presented the paper entitled, “The influence of psychological factors on voting behavior” at National Conference on Psychological Impact: Election and Media K.T.H.M College, Nasik, January 2016.
- Participated and Presented a research paper entitled, “Emotional Intelligence and Perceived efficiency” at Modern College, Pune 2016.
- Participated and Presented the paper entitled, “Soft skills for all” at National conference on Emerging trends in personality development in higher education KGDM College, Niphad, Nashik September 2015.
- Delivered a lecture as a resource person in the National Conference at K.G.D.M. College, Niphad sponsored by ICSSR, Mumbai on 26to 27 September 2014.
- Delivered a lecture as a Resource Person at Arts, Commerce & Science College Ozer, Nashik for the State level seminar sponsored by the BCUD.
- Invited as a chief guest and speaker at the inaugural function of Soft Skills Development Program Train the Trainers workshop conducted by the SPPU at the Nashik sub Centre SavitribaiPhule University of Pune.
- Invited as a chief guest and delivered a lecture at University level workshop on Emotional Intelligence at Late. B.R.D. MahilaMahavidyalya, Jail Raod, Nashik Road on 4th Feb, 2015.
- Delivered a lecture as a Resource Person at 2nd National & 29th State level Annual Conference at Baramati Dist. Pune, 27th& 28th Dec 2015, organized by at Marathi ManasshastraParishad& ICSSR Mumbai west.
- Worked as a Chairman for the Manual of Skelton of Practical examination S.Y.B.Sc. Published by S. P. Pune University.
- Worked as a Convener for the National Conference on Positive Psychology sponsored by UGC on 9th – 10th Jan 2015.
- Organized the session on Mind Training of Mr. Soo Yean Kim IYF South Korea.
- Participated as a resource person on the topic – psychological empowerment of tribal women at the state level seminar on empowerment of women in tribal area at Arts sci com college , sponsored by the Univ of Pune Harsul, Nasik , March 2013
- The paper presented on sports injuries towards becoming resilient at the Asia Specific International Conference on sports and exercise Psychology, Nagpur 2013
- Participated and presented the paper entitled, ”Environmental Pollution- Impact on mental and physical health” at Bytco College, Nasik Road, Dec. 2012

- Participated & presented the paper at the national conference on, "Developing human potential issues, perspectives & challenges at Fergusson college, Pune, Jan, 2013
- Participated in the University level workshop on 'New University Act, May 2012, as a Member of Senate, Univ of Pune.
- Presented a papers in the Scientific Paper Reading Session at two day State Level Seminar organized by Department of Psychology and Political Science, K. G. D. M. College, Niphad, Dist-Nashik under quality improvement programme, University of Pune on 18th&19th March, 2013.
- Participated by presenting the paper entitled Quality of Work life and its correlates at the international research conference on Economics, social sciences and Environmental issues held at Bangkok from 6-7 March 2012.
- Participated as a Resource person and as a Judge at the National Conference on 'Research interdisciplinary approaches in Management, Humanities. Social sciences Languages at BRD College, Nasik on 13-15th Feb 2012.
- Participated in the international conference on management arena innovations. Opportunities and challenges by contributing the paper entitled the positive psychology approach in Human Resource Management at MGVS IMR, Nasik [MH], during 27-29 Jan 2012.
- Participated as a Resource person at the State level Conference on 'Role of motivation in sport at BRD College, Nasik on 24-25th Feb 2012.
- Participated as a Resource person & chaired the session at the State level Conference on 'Applications of psychology in Industrial settings at G.D.Sawant College, Nasik, on 14-15th October 2011.
- Participated as a Resource person at the National Conference on 'Improving quality of life-psycho-social perspective' at SGM College, Karad on 3-4th October 2011.
- Presented the paper entitled Relationship between type A and type B behavior pattern and mental health of adolescents, published in the souvenir of the National conference on health and wellbeing at Fergusson College, Pune .Jan2011
- Attended the state level workshop on NAAC PROCESS organized by CEDA at pune April 2011
- Presented the paper on "Occupational Stress Management-Through Meditation" at the 13th International and 44th National Conference of Indian Academy of Applied Psychology Dr. BabasahebAmbedkarMarathwada University, Jan 2009.

- Participated as a resource person on the topic “hypothesis formulation & testing “in the national seminar on research methodology organized by the department of management studies at college of Engineering, Dhulia Maharashtra , 28th to 29th Jan 2009.
- Presented the paper entitled “Delinquency- Its roots in heredity and society” at the National conference on Delinquency at K.G.D. More Arts, Com. & Sci. College, Niphad, Dist-Nasik on Dec. 2008.
- Presented the paper on the topic ‘Relation between organization climate and life satisfaction among shift workers’ at 12th International and 43rd National Conference of the Indian Academy of Applied Psychology (IAAP, 2008) KOLKATA February 7th - 9th 2008.
- Director of the national conference of community psychology association of India organized at L.V.H. College Panchavati, Nasik from 4 Feb to Feb 2007 Sponsored by university of Pune.
- Chaired the session and presented the paper on impact of yoga therapy on anxiety of working women at National conference of community psychology association of India at Sardar Patel University, Gujarat. Jan 2006
- Presented the paper on mental health of Indian working and non- working women at national conference on mental health at Jodhpur Dec. 2006
- Co-author of the paper presented in National Conference entitled “Time Management Awareness among the Athletes” at Kashi Vidyapeeth Varanasi (U.P.).2004
- Co-author of the paper presented in the National Conference entitled “Burnout Behavior among the Athletes of Individual and Group Sports” at S. S.J. Campus Kumaun University, Almora (Uttaranchal) 2002.
- Presented the paper in the National Conference entitled “Role of Value Education for Elite Athletes” at JawaharShikshanPrasarakSanstha’s College of Education, Gartad, Dhule (Maharashtra).2003
- Presented the paper in National Conference entitled “Development of Career Value through Sports” at W.K.B. Seva Mandal’s Arts and Commerce College for Women, Department of Social Sciences, Deopur, Dhule (Maharashtra).
- Paper Presented at the National Seminar entitled “Child Labour in India Myth and Reality” at S.S.V.P.S. College of Arts, Sci. & Com. College, Dhule (Maharashtra) 2003
- Paper Presented at the National Seminar entitled “Anxiety & Frustration among Youths at the third national conference of I.A.H.B 2001

- Presented the paper at the international Conference entitled “Role of Yoga in the management stress for CHD Persons.” at Department of Psychology JNV University, Jodhpur and D.R.D.O., Delhi. The same paper was awarded as the Best Paper Award.
- Presented the paper at the National Conference entitled “The Study of Stress Coping among Athletes from Individual and Group Sports”.
- Presented the paper at the National Conference entitled “A Comparative Study of Personality among Athletes from Individual & Group Sports”.
- Co-Author of the Paper Presented in National Conference entitled “Drug Abuse among Sportsmen” at Jammu University. Jammu 2004
- Co-Author of the Paper Presented in the National Conference entitled “Locus of Control and Sports Excellence of Athletes of Individual & Group Games” at Nagpur.
- Co-author at the National Conference of the paper entitled “Sportsman from Individual and Group Sports: A Study of Social and Mental Health”.
- Presented the paper entitled “Towards Empowerment of Tribal Women” at UGC sponsored National level seminar on Women Empowerment in Jan. 2005 held at Niphad, Maharashtra.
- Presented the paper entitled “Drug Abuse among Sportsman” at the 17th National Conference on sports Psychology at University of Jammu Nov. 2004. The abstract of the paper is published in the Souvenir of above-mentioned Conference.
- Participated and presented the paper entitled, “Impact of Globalization and Empowerment on Indian Women: A Psychosocial review” at the National Conference on Women Empowerment - at PushpatiHiray Arts Science and Commerce MahilaMahavidyalya ,Malegaon Camp, Malegaon, 3rd& 24th October 2013 .
- Participated and presented the research paper entitled, “Online Social Networking And Addiction – A Psychosocial Review” at the International Conference on Applied Psychology – at Gujarat Law Society’s Smt. Laxmiben and Shri. Chimanlal Mehta Arts College, Ahmadabad, Gujarat, 1st to 3rd March 2014.
- Participated and Presented the research paper entitle, “ Humanistic perspective applied in Business Management” at the International Conference on Multi-facets of Business Management at - Institute of Management and Research Mumbai Agra road, Panchavati, Nashik – 03 on 9th to 11th Jan 2013.

- Participated and Presented the research paper entitle, “Teacher as a Counselor ” at the National Conference on Counseling science of human problem solving at Aabasaheb Garvare College of Arts & Science on 6th 7th Dec 2013. .
- Worked as a Joint director at the State level Seminar on research methodology & uniformity in research organized by L.V.H. College, Nashik & BCUD, University of Pune, on 29th& 30th Oct. 2013.

Participation in webinars and various Online courses and Webinars

- Attended the National Webinar (online address by Hon'ble HRD minister Shri Pohkriyal Organised by NAAC , Bangalore on Turn challenges into Opportunities- Covid19 on 28.5.2020.
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- Completed the Fully Accredited Professional psychotherapy Diploma by Udemyon 19.2020.
- Completed the one credit course on pain, Depression PTSD by American psychiatric Association (APA) on 16.5.2020.
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Research Profile

Research Publications

Sr. No.	Title of the Paper	Name of the Journal	ISSN	ISBN	Author	Volume & Issue	Year
1	Relationship between job satisfaction and Quality of life among entrepreneurs	UGC CARE listed International journal, Shodh Sanchar bulletin	ISSN 2229-3620		Corresponding Author	volume 10, issue 37	March 2020
2	Internet addiction and psychological well-being among college students	UGC CARE listed International journal, Shodh Sarita bulletin	ISSN 2348-2397		Corresponding Author	volume 7 issue 25	March 2020
3	Intentional Enrichment technique - an effective method for improving happiness & volume helping attitude	UGC CARE listed International journal Shodh Sarita	ISSN 2348-2397		Corresponding Author	volume 7 issue 25	March 2020
4	A Study of relationship between personality traits and mental health among high school children	International research journal of management sociology and humanity (IRJMSH)	ISSN 2277-9809		Corresponding Author	Vol. 11 Issue 3	March 2020
5	Mental Health Among The College Players In Nasik Region	International Multilingual Referred Journal	ISSN – 2319-9318	-----	Second Author	Special Issue 01	March 2018
6	Death Anxiety and Personality traits among Type-2 Diabetic Patients	International Journal of Applied social Science	ISSN – 2394-1405	-----	Corresponding Author	Vol.-VI Issue, 2	Feb 2019
7	Burnout And Coping Among Elite Athletes	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Main Author	Vol. – IX Special Issue,	Feb 2018
8	Children’s Sports Participation And Development Of The Social Competence	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Corresponding Author	Vol. – IX Special Issue,	Feb 2018

	The Comparative Study						
9	Shopping Addiction And Its Relation With Depression Among Working And Non-Working Married Women	Asian Journal of Psychology & Education	ISSN 09712909	-----	Corresponding Author	Vol. – 51 Issue, 1-2	2018
10	Personality traits and self-esteem among female players in male dominated sports	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Corresponding Author	Vol. – IX Special Issue,	Feb 2018
11	Emotional maturity and level of optimism among players.	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Corresponding Author	Vol. – IX Special Issue,	Feb 2018
12	Recent Trends In Sports Psychology Research A Study Of International Journal Of Physical Education Sports And Health	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Corresponding Author	Vol. – IX Special Issue,	Feb 2018
13	Role Of Vitality In Initiating Personal Growth And Grit Among Students	Recent Advances in Psychology (RAP): An International Journal	ISSN - 23955465	-----	Corresponding Author	Vol. – IV Issue, I	2018
14	Locus of control and Achievement Motivation among Women Entrepreneurs of small industries	Researchers World Journal of Arts, Science & Commerce	ISSN – 2231-4172	-----	Corresponding Author	Vol – VIII, Issue - 3(1)	July 2017
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24	Mobile Phone Addiction and Loneliness among Teenagers	International Journal of Indian Psychology	SSN-2349-3429 (With Impact Factor 4.50 ICI)	-----	Corresponding Author	Vol. II, Issue III, I	April-June 2015
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28	Environmental Pollution Impact on Mental Health	Critical Inquiry Peer-Reviewed Quarterly Research Journal for Inter-disciplinary studies in Humanities and Social Sciences	ISSN-0975-0096	-----	Corresponding Author	Vol. V Issue: IV	Dec 2013
29	Quality of work life and career correlates	IIBMMS International journal of Business management social science	ISSN:2249-7463	-----	Corresponding Author	Vol I Issue 7(I)	March 2012.

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31	Occupational Stress Index in relation to Somatic illness	Critical Inquiry Peer-Reviewed Quarterly Research Journal for Inter-disciplinary studies in Humanities and Social Sciences.	ISSN 0974-0096	-----	Corresponding Author	Vol. I , issue III	2009
32	A Comparative Study of the level of life stress of Indian working and non-working women	Psychology in Use J. V. Publishing House, Jodhpur	-----	ISBN 81-8881	Corresponding Author	Mental Health Issues	2008
33	Role of yoga in the management of stress of CHD	Psychology in use J.V. Publishing House, Jodhpur.	-----	ISBN/ 81-88818-08-9	Corresponding Author	----- ---	2007
34	A comparative study of personality among athletes from individual and group sports	Psychology in use J.V. Publishing House, Jodhpur.	-----	ISBN/ 81-88818-08-9	Corresponding Author	----- ---	2007
35	Trauma after war	Daksha Security studies journal		-----	Corresponding Author	Vol. 12	Dec 2001
36	Peace education & enhancement of emotional Intelligence and Aggression management among college students	conference proceeding of 19 th World Congress of IAEWP (UN-NGO) International Conference on Peace Education for Good Governance and Non-violence organized by HPT & RYK and SMRK-BK-AK at MahilaMahavidyalaya, Nashik	ISBN – 978-93-85664-52-6.		Corresponding Author		October 2016
37	Mental health and Depression crises among college students	Conference Proceeding at International Conference Current Issues in Education & Social Sciences organized by Dr.BabasahebAmbedkar Marathwada University Aurangabad, Sponsored by UGC.	ISBN-978-93-80039-09-1.		Corresponding Author		May 2015
38	Internet Addiction and its relation with personality traits among married People	Conference Proceeding at National Conference on Recent Trends in Social Sciences And Languages	ISBN-13-978-93-84887-11-7		Corresponding Author		Dec 2015

		by Arts, Science & Commerce College, Makhamalabad, Nashik.			
39	Positive Emotion & Mental Health	Conference Proceeding at National Conference on Positive Psychology organized by LVH College, Nashik	-----	Corresponding Author	January, 2015.
40	Positive psychology in practice Towards a better life	Conference Proceeding at National Conference on Positive Psychology organized by LVH College, Nashik	-----	Corresponding Author	9 th & 10 th January, 2015.
41	Impact of Globalization & Empowerment of Indian Women: A Psychosocial Review	Conference Proceeding of National Conference on Women Empowerment organized by S.P.H. MahilaMahavidyalya, Malegaon.	ISBN: 978-81-927005-4-0	Corresponding Author	Oct 2013
42	Sports injuries-towards becoming resilient.	Proceedings of ASIA SPECIFIC, International conference on sports and exercise psychology.	ISBN-978-81-924656-2-3	Corresponding Author	2013
43	Resilience in families with child disability-an approach towards applied positive psychology	Proceedings of the National conference Developing human potential issues, perspectives and challenges at Fergusson college, Pune,	ISBN-978-93-5087-999-3	Corresponding Author	2013
44	The positive psychology approach in Human Resource Management	Souvenir of the International conference on Management arena: innovations, opportunities and challenges.	ISBN:978-93-5076-163-4	Corresponding Author	Jan 2012
45	Values in fifty with respect to well-being	National issue of the National Conference on Value Education	-----	Corresponding Author	Dhule-2005
46	Adjustment problems among working women	Souvenir of the national conference of community psychology association of India	-----	Corresponding Author	2007

Reference Books

Sr No	Title of the Book	Publisher	ISBN		Year
1	Adolescence and Family Environment- A Psychological Review	Brain Tonic Publication House, Nashik	ISBN-978-81-923650-4-6	Main Author	2012
2	Personality and Athletes- an Analytical study	Brain Tonic Publication House, Nashik	ISBN-978-81-923650-3	Co-Author	2012

Resume of Prof. Dr. Mrs. Mrunal .Bhardwaj, Vice-Principal, LokneteVyankatraoHiray Arts, Science and Commerce College, Nashik
Tel : (Off.) – 0253-2512924 , Mobile - 09764918400 , E-mail – drmabhardwaj@gmail.com

3	Mental Health & Depression – crisis among college students	Print-web Publication, Nasik	ISBN978-81-928429-2-9	Main Author	2015
Chapters edited In Book					
1	Occupational Stress Management through Meditation	Global Vision Publishing house Delhi.	ISBN-978-81-8220-284-9	Main Author	2010
2	Mental Health and adjustment among residential and non-residential students	Global Vision Publishing house Delhi	ISBN-978-81-8220-315-0	Main Author	2010

Research Projects

Sr. No.	Title of the projects Completed	Funding Agency and Amount
1	Mental health and depression among college students (Minor Project)	UGC, New Delhi
2	Choice of military career socio psychological factors.(Major Project)	UGC, New Delhi

Chief Editor

- Biannual National research journal “Psychology in India” Published by Indian Institute of Psychology, New Delhi.

Ph. D Guidance : 4 Students have been awarded the PhD degree

Sr. No	Ph.D.	Name of the candidate	Title	Year
1	Awarded	YogitaKunte (SPPU)	Resilient behaviour of cancer patients and its relation with personality traits, emotional intelligence and coping resources	2015
2	Awarded	Vilas Kambale (North Maharashtra)	Personality, emotional intelligence and occupational stress among medical practitioners	2017
3	Awarded	PawarDnyaneshwar (SPPU)	Personality traits, locus of control, achievement motivation and emotional intelligence among women entrepreneurs.	2018
4	Awarded	Bachhav Vijay (North Maharashtra)	Study of personality, emotional intelligence and occupational stress among personnel belonging to infantry & artillery units of Indian army.	2018

Sr. No	Name of the candidate	Title	Ph. D
1	Raravikar Shraddha	Intentional enrichment of subjective well-being, self-esteem, helping attitude, optimism and gratitude among college teachers.	Registered

2	SodeJaimala	Internet use and addiction among college students and its relation with personality traits, loneliness and psychological well-being.	Registered
3	Sonawane Prashant	Efficacy of Homeopathic treatment in management of learning disorders in achieving psychological wellbeing, learning ability and lessening co-morbidities.	Registered
4	Joshi Tanmay	Effectiveness Of Rational Emotive Education On High School Children With Reference To Their Personality Traits, Self Concept & Mental Health	Registered
5	ShindePoorva	Outcome Based Evaluation Of Drum Circle On Social Skills And Attention Of Pre-Teen With ADHD	Registered
6	Uniyal Ruby	Personality, Stress, Quality Of Life And Emotional Intelligence Among Dialysis And Non-Dialysis Renal Disease Patients	Registered